

Moreover, another factor that I consider essential as depicted in this study is the lack of concern for elementary PE. I believe that the current curriculum transformation does not emphasize the need to incorporate technology to improve participation among children during PE lessons. Publications included in this study showed that middle and high school levels had been given priority while little attention is given to elementary schools. The number of implementations and tools adopted when teaching and learning PE increases as the students advance from one class to another. Such a scenario raises questions regarding the degree to which the country esteems the experience of elementary school students as far as physical fitness is concerned. In fact, the findings of this research showed that more effort is needed to improve the commitment of educators and other stakeholders towards adopting a technology-based PE approach. Nevertheless, the scenario can be changed to a better experience if all the recommendations highlighted in this paper are implemented based on the nature of the school in line with resource allocation and ownership.

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